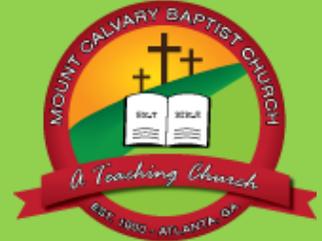


Calvary's Voice

Mt. Calvary Baptist Church
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Atlanta, GA 30331
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Rev. Douglas E. Stowers, Pastor
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Words of Encouragement

Greetings Mt. Calvary family. The coronavirus, COVID-19, has caused us to make some major adjustments in our daily lives. It has also impacted our gathering together to worship God. However, it cannot stop our praise of our sovereign God! Let us remember that we are the church and Christ lives and abides in each of us. Mt. Calvary has established a coronavirus task force to address issues related to the virus and our church. As we shelter in place, may I remind each of you that God's presence is always near.

Our state and federal authorities have issued shelter in place directives that we will follow. While we abide by these guidelines, may each of us experience the Lord's love, care, mercy and grace. Let us also remember to pray for each other, because the prayers of the righteous availeth much. Remember the words of the prophet Isaiah from chapter 40:31, that those who hope in the Lord shall renew their strength. As we shelter in place, we also hope in the Lord. I have instituted Sunday Worship Teleconference each Sunday at 10:30 AM. Details can be found on the church's website or Facebook page. I will stay in touch with you. Please don't hesitate to call your Deacons if you require assistance. I would like to encourage you with these passages of scripture for meditation and reflection, Psalm 22:4-5, Psalm 25, Isaiah 26:3-4 and Luke 10:38-42. Especially Luke 10:38-42 which takes place at the home of Mary and Martha. Jesus said you are troubled and worried and upset about many things. But make sure you choose which is the better part. In other words, stay focused. Christ is Our Rock, a firm foundation. With God's help, we will get through this. Be encouraged! God sees, God knows and God cares! God loves you and so do I!



Blessings on The Journey!
Pastor Stowers

Important Dates:

- April 5: Palm Sunday**
- April 9: Maundy Thursday**
- April 10: Good Friday**
- April 12: Resurrection Sunday - Easter**

Vision Statement

The Mount Calvary Baptist Church seeks to be a "Teaching Church", empowering people through the Word of GOD to effect change in their lives and the life of the community.

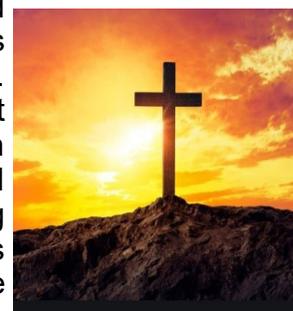


The Meaning of the Cross

Happy Spring time Mt. Calvary family, this month we are learning about the cross. Take time to read Galatians chapter 5. But let's focus on Luke 14:27 though; "And whosoever doth not bear his cross, and come after me, cannot be my disciple". A disciple of Jesus is one who follows him and learns from him. What then does the cross crucify in me as his disciple? Galatians 6:14 says the world is crucified to me and I to the world. What does that mean? Today's Bible reading refers to crucifying the flesh with the affections and lust; what about that?

The cross deals with impurities of all sorts that try to enter the mind and heart. We live in a corrupt society that enjoys the pleasure of these sins, and the cross deals with my interest in them and theirs in me. The cross deals first with idolatry. Love for the Lord must be foremost in all things. The world offers

many things to captivate our hearts and steal our worship away from God. The cross also deals with hatred, anger, and strife. These attitudes will not work the righteousness of God and therefore must go. The cross deals with envy and covetousness, and it helps us to avoid the snares of money and materialism. It enables us to cope with unfair things in life instead of thinking that others have an advantage and we have been shortchanged. The cross deal with "heresies" (factions and divisions) and with the many voices in the world offering a way more pleasant to the flesh. It helps us to believe that the Bible is truth and Jesus is the way. The cross deals with "drunkenness, revellings, and such like"- any addictions or activities that bind men and draw them down into perdition. The cross means death to self, yet it is not an end in itself; it is the entrance into the kingdom of God. It means having new life in Christ Jesus, living and walking in the spirit and bearing fruit for God. Think on these words. May we accept the painful work of the cross and experience the joy of a risen new creature in Christ.



Have A Happy Easter!
Love Is Forever!

Lady Wanda Stowers

Mt. Calvary Missions' Ministry Participates in Read Across America — Dr. Seuss Day



Read Across America - Dr. Seuss Day mainly focuses on motivating children to read as it improves their performance in school. On this day, hospitals, bookstores, community centers, churches, libraries as well as schools host many events. On Monday, March 2nd, **Ilene Simmons, Patricia Lucas, Bettye Reid and Gladys Fraley** read to students at L. P. Miles Elementary School. We Love Reading to Students!

**"You're never
too old, too wacky, too wild,
to pick up a book and
read to a child."
-Dr. Seuss**



Get Rid of the Baggage



At one time of another, we have all dealt with baggage in our lives. It does not matter who we are – life is never perfect. We experience disappointments, failures, deceptions, and ugly situations. During challenging times, we may not know that we are accumulating baggage.

Sometimes we do not realize we are carrying baggage. We have grown accustomed to it, and it has become a part of our lives. But it only keeps us in bondage, from fulfilling God's plan, and prevents us from having the joy of the Lord in our hearts. We all have assignments from God, and the only way to accomplish them is to kick the baggage out the door!

What's weighing you down today? What's keeping you from moving forward and running your race? Maybe its fear, hurts or worry. Perhaps you've experienced rejection, abuse, or low self-esteem. It could even be frustration, sickness, or lack. Whatever it is, now is the time to throw away all of the baggage and trust God.

God has grace for disappointments, comfort for hurts, love for fear, and peace for worry. He has also made available to us reconciliation, restoration, high self-esteem, patience, health, provision, and joy unspeakable and full of glory.

Jesus went to the cross for our baggage. But we have to receive what He did. His body was broken so that life would pour out of Him for you and me to receive. He allowed Himself to be taken and beaten. He permitted Himself to be hung on a cross. Jesus willingly submitted His back to the scourges. Each one of those braids on the cat-o'-nine tails had little pieces of bone and metal embedded in it. He spent over six hours with His back open while His heart pumped the life out of Him. With each beat, it hurt, yes it hurt, but He willingly bled for you and me.

What we must realize is that the divine life in Jesus flowed out of Him on the cross of Calvary. That divine life was in His blood. As long as He had blood inside Him, He could never sin. But when it was pumped out of Him, He became sin. 2 Cor. 5:21 says "God made Him who had no sin to be sin for us, so that in Him we might become the righteousness of God.

At the end of the physical ordeal, Jesus said, it is finished. I Peter 18-19 says, "For as much as ye know that ye were not redeemed with corruptible things as silver and gold.... but with the precious blood of Christ, as of a lamb without blemish and without spot."

So as we celebrate the resurrection of our precious Savior and Lord, Jesus the Christ; who was hung high on that old rugged cross for all of our sin; Let us run with patience, the race that is set before us. Let's get rid of all the baggage for good and allow God to use us.



Sister Janie Lowe

120 Random Acts of Kindness

Luke 10:36-37 The Message Bible “Which of the three became a neighbor to the man... ‘The one who treated him kindly’...Jesus said, “Go and do the same.” As we look forward to celebrating our 120th Anniversary in November, Mt Calvary members are showing **LOVE** and **KINDNESS** in a grand way. See how you are Blessing others! Thank you for being “**A Caring and Giving Church**”. Don't forget your Acts of Kindness are especially important now. However, remember to stay safe, follow health guidelines and practice your social distancing as we navigate the coronavirus health emergency. Call and check on each other. Pray for our world!

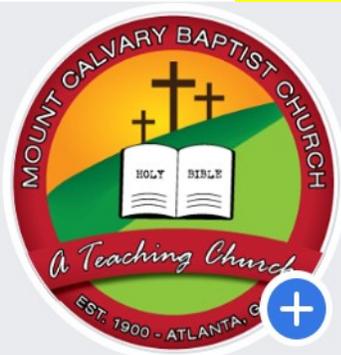
1. Paid for item the shopper behind me had. He was quite surprised. Tried to pay me back.
2. Took my boss to his doctor's appointment and let his wife have the day. They were surprised.
3. Helped a lady unload her groceries and take her cart to correct place.
4. Purchased groceries for an elderly woman in line behind me.
5. Put \$10 worth of gas in a stranger's car.
6. Brought my neighbor's trash can in from the street back to the house.
7. Letting others enter the expressway when traffic slow down. Paid for another person that did not have enough money at the store.
8. Sent money contribution to a person to pay for gas so they can visit their husband in the hospital.
9. Gave a monetary gift to one of our elderly members.
10. A lady got dizzy as she left a meeting. We waited till she felt better. I followed her home to be sure she made it there safely. She was extremely grateful.



Eyeglasses Recycling For Sight

Thank You Mt. Calvary. Your efforts and kindness enabled the Social Action and Events Ministry to collect 80 pairs of eyeglasses as well as eyeglass cases. You're simply the best! We will resume collection of eyeglasses when we return to worship at Mt. Calvary.

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Mount Calvary
Baptist Church
@AtIMtCalvary

New Facebook Page

Mt. Calvary is happy to announce that we have a new Facebook page. You can find us by clicking on the Facebook icon on the website, or search for us at **AtIMtCalvary**, or Mount Calvary Baptist Church and look for the Church logo. Don't forget to like us and follow us. You now have another way to stay in touch and up to date with what's happening at Mt. Calvary.

