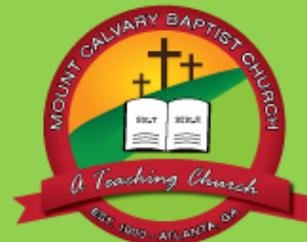


# Calvary's Voice

Mt. Calvary Baptist Church  
17 Fairburn Road, SW  
Atlanta, GA 30331  
404-696-1039

Rev. Douglas E. Stowers, Pastor  
www.atlmtcalvary.org  
Facebook.com/AtlMtCalvary



## From The Pastor's Heart

Greetings Mt. Calvary,

“The Lord is gracious and kind and His mercy endureth forever.” My prayer for each of you is that safety and peace have been your dwelling place in the midst of COVID-19. Thanks for the prayers and support of the Mt. Calvary Baptist Church family.

From March 16th to this present time, we as the family of God have not been together in person in worship. We are thankful for Calling Post, Conference Calls and “Live Stream”; but to be

gathered together as one, in person, in the house “of the Lord” has been 19 Sundays: and over 140 days as of August 1, 2020. In the midst of it all; God has kept and sustained us. In all things we give Him thanks.

During this time God visited us and called family members home. We will miss and cherish the memories that the Lord gave through them. During this period many members transitioned from Earth to Heaven. To God be the Glory!

As we plan and prepare to come back to the sanctuary for worship. We are mindful that times, and practices have changed and we must change practices; but not the spirit of worship. In this issue, you will find our “Guidelines for Re-Entry”. I’m asking that you read it and help us to be safe and worshipful as we strive to Re-Enter the Sanctuary for worship on October 4, 2020 at 10:30am. We will continue to monitor the COVID-19 health situation and keep you informed of any changes.

Be encouraged.  
God sees, God knows and God cares.

Blessings on The Journey!  
Pastor Stowers

## Important Dates:

**August 4-6: PNBC  
59th Annual Session  
Virtual Conference**

**September 7: Labor  
Day**

**August 13: Grand-  
parent's Day**

**September 22: Autumn  
Begins**

**September 27: Unity  
Sunday**

## Vision

### Statement

The Mount Calvary Baptist Church seeks to be a “Teaching Church”, empowering people through the Word of GOD to effect change in their lives and the life of the community.

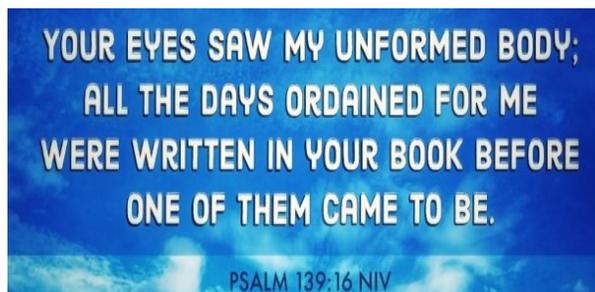
**BE  
ENCOURAGED!**



Hello my Mt. Calvary Family,

I'm praying that everyone is well and staying safe during this pandemic. Many of our loved one have been called home. I would like to share this devotional with you. It has helped me so much. It comes from *Daily Devotional* by Bob Gass, titled "**Grieve It, Then Leave It**". If you were raised in a culture where any show of emotion was considered a sign of weakness, you must learn that grieving your loses is a healthy process-and a scriptural one. The Bible says, "When they walk through the Valley of Weeping, it will become a place of refreshing springs...They will continue to grow stronger" (vv.6-7 NLT). Note when your strength comes from the Lord, you can walk through "the valley of weeping" and come out stronger. The length of time each of us spends in that valley may differ, but there comes a point where we must accept God's will and move forward. So often we're shocked by the death of a loved one, but God is not. David said, "You saw me before I was born. Every day of my life was recorded in your book. Every moment... laid out before a single day had passed" (Ps 139:16 NLT). And try as you will, there's nothing you can do to change that. The truth is, we don't grieve "as...those who have no hope" (1Th 4:13 GNT). One day we'll be reunited with our redeemed loved one in the presence of the Lord, never to be separated again. The farewell is just "till we meet again." In the meantime, if you need help don't be ashamed to reach for it. Remember: "A brother is born for adversity" (Pr 17:17). Ask God to lead you to a person, a counselor, or a support group that can help you identify the unfinished business that's keeping you stuck in the cycle of grief. Cherish your loved one's memory, but move forward and fulfill your divine destiny and purpose".

When we all get together again, what a day of rejoicing that will be.



Love is forever,  
*Lady Wanda Stowers*



**WHOLENNESS**  
IN PURSUIT OF

THE PROGRESSIVE NATIONAL BAPTIST CONVENTION, INC.  
**59TH ANNUAL SESSION**  
VIRTUAL CONFERENCE  
AUGUST 4-6, 2020

THE REVITALIZATION OF THE COMMUNITY  
MARK 5:1-20

PROGRESSIVE • NATIONAL • BAPTIST • CONVENTION • INC.  
ROMANS XII 9-21  
FELLOWSHIP  
PROGRESS  
SERVICE  
PEACE  
1961

## Maintaining Our Peace in The Storm



We have had to adjust to many things outside our normal mode of life. We are constantly wondering if we have washed our hands enough, used enough sanitizer, and followed social distancing. Certainly these are things we need to adhere to. Amid following the Center for Disease Control (CDC) guidelines, these stressful circumstances can rob us of our peace. Going to the grocery store, wearing a mask and practicing social distancing can be stressful. I honestly did not realize the amount of people contact we experience on any given day and, of course, the news reports do not help our state of mind; but remember that the very powers and forces that sometimes frighten us, are all under the command of God.

I am so thankful that despite the circumstances we are experiencing with inequality and injustice, we have a Heavenly Father we can look to for peace in the midst of this current turmoil. It is important that we always look to the Word of God for our instructions.

Each week, Pastor Stowers has diligently given us scriptures to read because it is important to continue to build our foundation in the Word of God every day and also for guidance and wisdom. It's hard to build anything during a storm. These scriptures, along with prayer and meditation, minister to us and help us to stay in peace in these trying times.

Isaiah 26: 3-4 says "You, Lord, give perfect peace to those who keep their purpose firm and put their trust in you. Trust in the Lord forever; He will always protect us." (The Good News Bible) The devil loves to play havoc and take advantage of our mind. He cannot touch our spirit, so he tries to bombard our mind with negative thoughts. Don't spend your peace listening to negative reports. Isaiah asked us whose report will we believe, we shall believe the word of the Lord. If it costs you your peace, it is too expensive.

We have been reading a lot in the Psalm. I notice that in Psalm 77, it shows how we, as believers, and yes, sometimes doubters, can move from despair to a renewed and deepened faith in God. God wants us to have a deeper faith. Times of trials and doubting are part of the process that make us grow spiritually strong, wise and in His character. I believe that through these times we are living in today, we are learning lessons that cannot be learned any other way.

We can't imagine what God will do, but we can truly trust that whatever He does will be the best thing for us; and in the end, it will be amazing because we have an amazing God who is Omnipotent, Omniscient and Omnipresent. Isaiah 59:19 says "When the enemy comes in, like a flood, the Spirit of the Lord will lift up a standard against him." We belong to God and God knows how to take care of those that are His.



*May Peace be Yours in Christ*

*Sister Janie Lowe*

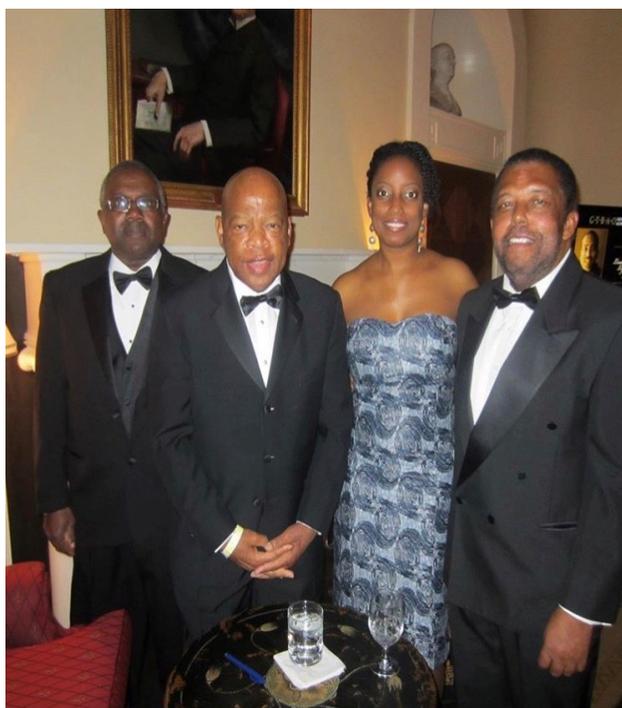
**Mourning the Loss of Two Civil Rights Icons:**  
**Rev. C.T. Vivian and Congressman John Lewis**



**The Mt. Calvary Baptist Church** family joins the nation in mourning the passing of two civil rights icons, Rev. C. T. Vivian and Congressman John Lewis, who both died on Friday, July 17th. These champions for justice and equality will be missed especially at a time where we are even now still battling the effects of racial injustice and economic inequality. The 95-year-old Rev. C.T. Vivian, a lieutenant of Dr. Martin Luther King, Jr. and a Freedom Rider, was a key organizer of the first lunch counter sit-ins in Nashville in 1960 as well as the first civil rights march in 1961. Congressman John Lewis, age 80, urged us to get in some “good trouble” in our efforts to make this nation live up to its promise of justice and equality for all. His involvement in the Student Non-Violent Coordinating Council (SNCC) and his 33-year tenure in Congress are testaments to a life of service. President Barack Obama in 2013 honored Rev. Vivian with The Presidential Medal of Freedom, the nation’s highest civilian honor. Rev. Vivian said, “Leadership is found in the action to defeat that which would defeat you... You are made by the struggles you choose”. President Obama also awarded Rep. John Lewis with the Presidential Medal of Freedom in 2011. Congress-

man Lewis reminded us to, “Be hopeful, be optimistic. Our struggle is not the struggle of a day, a week, a month, or a year, it is the struggle of a lifetime.” Rev. Vivian and Rep. Lewis marched together, were at sit-ins together, were arrested together and ironically has tragically passed on the same day. We will miss these legendary souls who led us in the struggle for justice and equality.

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**Remembering John Lewis**  
**An Unforgettable Night**

They say you should never meet your hero. I vehemently disagree. This moment right here...was everything. When all of my heroes (my father, my godfather and John Lewis) met ...sparks flew. ✨

That night Rep. Lewis took time to talk to us for quite awhile. He always reminded us “to find a way to get in the way.” I have been doing that ever since.

Rep. Lewis—I know my dad has been waiting to talk to you again for awhile. May both your souls rest now in forever peace.

**Ayo Seymour**



## Our Acts of Kindness



Luke 10:36-37 The Message Bible “Which of the three became a neighbor to the man... ‘The one who treated him kindly’...Jesus said, “Go and do the same.” As we look forward to celebrating our 120th Anniversary in November, Mt Calvary members are showing LOVE and KINDNESS in a grand way. See how you are Blessing others! Thank you for being “A Caring and Giving Church”. **Don’t forget your Acts of Kindness are especially important now. We currently have 26 that you have submitted.** However, remember to stay

safe, follow health guidelines and practice your social distancing as we navigate the coronavirus health emergency. Call and check on each other. Pray for our world!

### **Acts Of Kindness continued.**

11. I chose to help a young lady who was having car troubles and had no way to get to work, so I chose to pick her up and take her home for a few days.
12. I donated \$100 to the Atlanta Community Food Bank to help feed those who have lost jobs during the coronavirus outbreak. Helping to feed the hungry.
13. I was on my way home, I saw someone I know walking in the cold. So I picked him up and took him where he was going, waited and took him home.
14. I helped a lady carry packages into the post office.
15. Donated \$10 to student musician who was playing music outside Target. He was raising money for school.
16. Gave \$300 to college student whose parents stopped supporting her.
17. Gave \$300 to driver who lost job due to coronavirus pandemic.
18. Gave \$25 to new mother in my neighborhood.
19. Donated snacks to local hospital outpatient clinic for cancer patients.
20. Gave money to a college student to help with school fees.
21. Gave money to pay for primary school fees.
22. Gave money to help someone pay for groceries.
23. Provided dinner for a church couple who is doing elder care.
24. Wrote handwritten cards to team members thanking them for their services during this time.
25. Volunteered time to assist an elderly with his technological issues.
26. Sent thinking of you cards to members to brighten their day.

**Submit Your Acts of Kindness to the church: [information@atlmcalvary.org](mailto:information@atlmcalvary.org)**

**Remember Our Goal Is 120. Thanks For All You Do!!!**

## Mount Calvary Baptist Church Guidelines for Re-Entry

To help us be safe and worshipful as we strive to Re-Enter the Sanctuary, please adhere to the following guidelines.

1. Physical (Social) Distancing of 6ft. must be maintained.
2. All persons will wear face masks.
3. All persons will have Temperature taken before entering the sanctuary or building. If you have symptoms, we ask that you refrain from entering the Sanctuary or Building for the safety of others.
4. No Bible Study on Wednesdays until further notice.
5. No Church School until further notice.
6. No Meetings of more than 25 members.
7. No Outside groups will be allowed to utilize the premises.
8. No Fellowship or Repast Meals in the dining area.
9. No Transportation using the Church vans.
10. No Bibles, Hymn Books, or Envelopes in the Pews.
11. No Choirs will be singing due to social distancing.
12. No Passing Offering Plates or Baskets during worship.
13. No Passing of Communion Trays during worship.
14. No Bulletins.
15. All Announcements must be printed/displayed on screen.
16. Building must be sanitized after worship service by maintenance staff of the church (Completed by Tuesday of each week).
17. Families will be allowed to sit together in worship.
18. Ushers will guide members in adhering to Guidelines.
19. Number of persons will be limited to 75 in the Sanctuary. Example: 20 pews each side, can only use 10 (Pews will be designated and distance marked).
20. Fellowship Room Downstairs will be over-flow room when Sanctuary has reached maximum.
21. Hand Sanitizer Stations will be set-up.
22. No Events or Special Affairs that exceed social distancing or guidelines established by Government Regulations. (Executive Order Number 06.11.20.01)



**Stay Safe, Stay Healthy, Stay Positive**