



Calvary's Voice

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From The Pastor's Heart

Greetings Mt. Calvary,

Here we are in the sixth month of the year 2020.

This has been a journey that has taken many turns, but "He knoweth the way that we take."

"Through many", are the words that we can say, knowing that God has brought us. "If it has not been for the Lord" our paths could have been different. We are here, and our responsibility has not changed; To Serve, To Worship, To Praise and Be a Witness!

"We have come, but we still have a ways to go before we sleep."
Thank you and Be Encouraged!

Blessings on The Journey!
Pastor Stowers

Happy Father's Day

In the Scriptures the name and person of God are inseparably related. This is in keeping with the biblical conception of what a name signifies. On the prophetic books God is referred to as father by Job. When he asked, "Has the rain a father?" (38:28) The reference is to God as the maker, source and controller of rain.

Isaiah uses the term Father to refer to God as the one who has made, sourced, formed, kept and directed Israel. (63:16-64:8)

Malachi in 1:6 and 2:10 speaks of God as the parent who deserves honor from his children and as the origin and ruler of all people. But the dearest of all references to God as Father are the words of the song, "Give thanks to our Father."



Important Dates:

June 7: Men's Day

June 20: First Day of Summer

June 21: Father's Day

July 4: Independence Day

Vision Statement

The Mount Calvary Baptist Church seeks to be a "Teaching Church", empowering people through the Word of GOD to effect change in their lives and the life of the community.

Happy Father's Day cont'd

"Our Father"

God as Father – The one who is the maker and maintainer; the giver of life; the one who keeps us day by day and provides our daily bread and sustenance.

"Our Father"

Who never slumbers nor sleeps, hears our cries and pities our groans, lifts us, covers us, goes before us.

"Our Father"

Who loves us for evermore and because of Him we are the Family of God.

In this month of June as we celebrate Father's Day- "Give Thanks to Our Fathers."

Pastor Stowers



Greetings Mt. Calvary Family,

As we continue to journey through a season of change, I would like to share this quote and devotion from God's Little Devotional Book.

The happiness of every country depends upon the character of its people, rather than the form of its government. ~Unknown

At the close of the American War of Independence, colonial representatives met to draw up a constitution for their new nation. They talked for several weeks but made little headway toward a consensus. Then, Benjamin Franklin, the representative from Pennsylvania, addressed the assembly. At age eighty-two, he had the admiration of most of those present as a loyal American and a senior statesman.

Franklin told them how during the dark days of the war, he had often gone into the very chamber where they were meeting, to pray. Again and again, he had seen the colonist delivered from sure defeat. He said, "If not a sparrow can fall to the ground without your Heavenly Father, I am sure that no Empire worth rearing can ever be raised without Him." In Tugs note, he suggested that they couch their daily deliberations in prayer. Daily racer sessions were held thereafter, and the Constitution of the United States was soon drafted, and subsequently adopted. When you know you are obeying God's commandments and following His directives, you can endure most any circumstance, tackle most any problem, and face most any enemy-including government oppression.

Happy is that people...whose God is the Lord. Psalm 144:15

Love is forever,

Lady Stowers

Tomb of the Unknown Soldier



A few years ago, I had the privilege of traveling to Washington, D.C. with the SMILE (Summer Motivational Intensive Learning Experience) Program. Visiting our Nation's capital was one of the best trips ever. Even though I had visited our nation's capital before, and visited many of the historic sites, this trip was the first time I had the honor of visiting Arlington National Cemetery. We saw the graves of President John F. Kennedy and his wife Jackie, Senator Robert Kennedy, and many more American dignitaries and heroes. I even saw a tombstone with my family's name "Mann" on it.

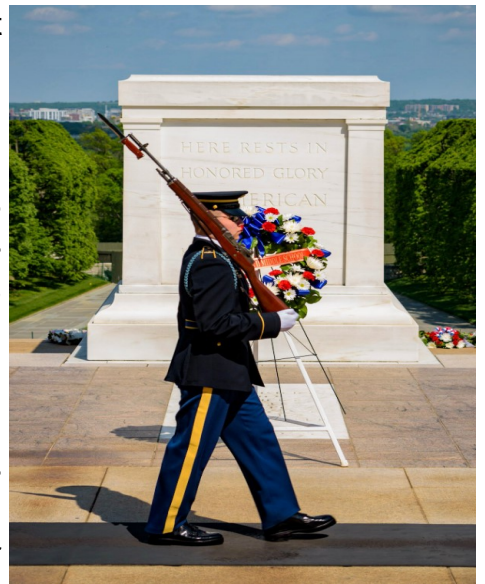
While there, we visited the Tomb of the Unknowns. The Tomb of the Unknowns in the Arlington National Cemetery represents missing and unknown service members who lost their lives on the battlefields of war. Those soldiers gave the ultimate sacrifice so that others can experience freedom.

Since 1937, a Sentinel has guarded The Tomb of the Unknowns 24 hours a day, 7 days a week. The United States Army has been the only military service to guard the unknown soldiers. It was magnificent to watch the Tomb Guard as he guarded the tomb. He would take 21 steps, stop on the 21st step, then turn to face and go back down the mat, change his weapon to the outside shoulder, counts 21 seconds, steps off for another 21 steps down the mat. These steps were repeated over and over until the Sentinel is relieved at Guard change. The changing of the guards is so awesome to watch. The extent they go through to make sure every detail is followed to the T, is amazing.

The 21 steps allude to the 21-gun salute, which is the highest honor given to any military or foreign dignitary. The West panel of the tomb is inscribed with: "Here rests in Honored Glory An American Soldier known but to God."

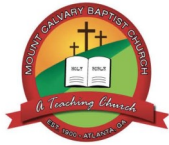
In Jerusalem, an empty tomb stands unguarded. This tomb represents something greater than our natural freedom. It represents the freedom Jesus Christ won for all mankind through His death on the cross. Next month as we remember the brave men and women who gave their lives so that we might live in freedom, let us not forget the freedom we have in Christ.

God was very precise and incredibly detailed when He sent Jesus to redeem mankind. The greatest honor that we have been given is to be called the Children of God. Yet the highest honor ever given was when Christ declared in Matthew 28:18: "All power is given unto me in heaven and in earth. "Therefore, go ye...." Christ has given us the freedom to go and tell others about the freedom they can have in Christ Jesus, and that freedom is available to them today. **"If the Son, therefore, shall make you free, you shall be free indeed. (John 8:36)** So let us walk in our complete freedom, both spiritually and naturally.



Sister Janie Lowe

MCBC Offers Covid-19 Testing



FREE COVID-19 TESTING
CALL 1-800-935-6721 FOR
MORE INFORMATION

Thursday, May 28, 2020

10:00 a.m. - 2:00 p.m.

Mt. Calvary Baptist Church (parking lot)
17 Fairburn Road, SW | Atlanta, GA

Drive-thru & walk-up testing available.
Appointments encouraged; but not required.
Photo ID required.

Free surgical masks for everyone who gets a test.



covid.fhcg.org

Mt. Calvary Baptist Church and The Family Health Centers of Georgia, Inc. (FHCGa) partnered together to offer free Covid-19 coronavirus testing to individuals who were interested in obtaining this test. Special thanks to **Pastor Stowers**, Ms. Margarethia Bledsoe (FHCGa), **Ms. Sonja McWhorter** and all **MCBC volunteers** who facilitated this event. CDC guidelines recommend that you continue to practice social distancing (6 feet apart when possible), avoid touching your eyes, nose and mouth, wear a face mask when out in public, wash hands frequently for 20 seconds, use an alcohol based (minimum 60%) hand sanitizer when hand washing is not available, stay home when ill, seek

medical attention when necessary, clean and disinfect frequently touched objects and surfaces and get your information from trusted sources. **#STAY SAFE, #STAY WELL**

MCBC 2020 Graduates

Graduates, congratulations on reaching such a meaningful milestone. This is one of the greatest achievements in your life and you have achieved it during a most historical time. It is the closing of one chapter and the beginning of another where you can write a new story. Cherish and celebrate this accomplishment. Your Mount Calvary Family wishes you much success as you pursue your dreams and goals. **God has blessed you and everyone is proud of you. May your future be bright and blessed with the love and greatness of God Almighty and our Savior, Jesus Christ.**

Sister Addie Calhoun and the MCBC Graduates Ministry



Briel D. Hill

Benjamin E. Mays High S.



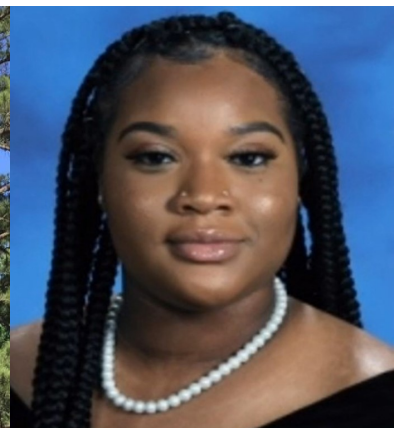
Bria J. Hill

Benjamin E. Mays High S.



Amari E. Lockhart

Georgia Cyber Academy



Ariel Mitchell

Woodland High School

MCBC 2020 Graduates Cont'd.



Amari N. McKellar

Banneker High School



Aubrey M. Hill

Huntington College



Brian L. Nwanze

Florida A&M University

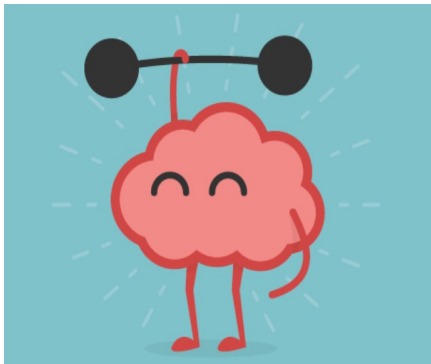


Brianna N. Stephens

Georgia Gwinnett College

Congratulations
2020 Graduates!

Brain Health



Keeping our brain healthy as we age should be a high priority. Many may even be taking brain supplements to boost their memory and brain function. We all know to maintain a normal blood pressure for heart health, decrease our risk for diabetes by eating a variety of healthy foods and maintaining a healthy weight, don't smoke for healthy lungs and drink lots of water for good kidney function. Search the internet and you will find a plethora of information on the brain and what helps or hurts. To help us sort through all this information The AARP Global Council on Brain

Health was created. Leading figures come together to decide what brain science has been established enough to be trusted. The council works with government agencies, universities and research groups to help spread their findings. The fact is you can make a difference in your brain's health. Don't think that just because you are aging that cognitive decline is inevitable. The council have recommended five pillars of brain health; **move** (exercise), **relax** (sleep enough and avoid stress), **nourish** (eat well), **discover** (think) and **connect** (socialize).

Excerpt from AARP Magazine, October 2019

Sister Shirley Seymour

A Healthy Brain Should Be A Priority

